



## BODY TREATMENTS

- **Comfort Insula**

Rebalancing treatment using bioenergetic techniques for deep postural harmonization.

*60 min - € 100*

- **Mediterranean Massage**

Relaxing massage with draining action to prevent and reduce lymphatic stagnation.

*60 min - € 100*

- **Tranquillity Treatment**

Aromatherapeutic connective tissue massage that targets muscle tension and relieves stress.

*60 min - € 100*

- **Insula Body Scrub**

An extraordinary aromatherapeutic scrub/massage treatment for deep purification. It provides pleasant cellular renewal, eliminates signs of fatigue, restores radiance, enhances tissue oxygenation, and improves microcirculation.

*60 min - € 100*

Couple massages are not available.



## FACIAL TREATMENTS

- **Antioxidant**

Multivitamin nourishment for the face, neck, and décolleté with repairing and protective action.

*40 min - € 90*

- **Hydrating**

Restores optimal skin hydration, especially recommended for dry skin.

*40 min - € 90*

- **Exfoliating**

Purifying treatment for oily and acne-prone skin, leaving the face looking fresh and toned.

*40 min - € 90*

\*Massage 30 minutes - € 60

\*\* Facial Treatment & Scrub Massage 95 minutes - € 170

Couple massages are not available.



## FOOT REFLEXOLOGY RITUALS

- **Waves of Earth**

A regenerating ritual that blends the grounding energy of the Earth element with the therapeutic touch of foot reflexology and the revitalizing power of the sea. Reflex points on the feet are stimulated to restore harmony to body and mind. The treatment takes place in an exclusive seafront setting, enveloped by Mediterranean nature and the scent of essential oils.

*20 minutes - € 30*

- **A taste of Wellness**

A short yet deeply relaxing moment: the healing touch of reflexology and the sound of the waves help restore inner balance and a sense of lightness.

*20 minutes - € 30*

*Treatments can be performed directly at sunbed, ensuring maximum comfort and relaxation.*

*Couple massages are not available.*

*Package available: 3 treatments – €80*